

# *Cimicifuga americana*

*syn. Actaea podocarpa*

## Mountain Bugbane/American Cohosh



- 2 to 6 foot tall woodland perennial
- 2 to 4 foot spread
- Part shade to full shade
- Average, medium moisture soils
- Long white flower spikes brighten deep shade summer – fall
- Excellent foliage and background plant
- Natural populations are endangered

Native to PA

Threatened, rare or  
endangered