July - Sept

Pycnanthemum tenuifolium

Narrow-leaved Mountain Mint

- 12 to 20 inches tall
- 18 to 30 inches spread
- Full sun to part shade
- Moist to dry, well-drained, fertile soils
- Drought tolerant
- Clusters of white blooms in summer
- Finely textured foliage
- Larval host for the Gray Hairstreak and Wavy Lined Emerald moth