July - Aug

Asclepias exaltata

Poke Milkweed

- 24 to 60 inches tall
- 12 to 24 inches spread
- Non-aggressive, long-lived
- Full shade to full sun
- Dry to moist, well-drained soils
- Does well in poor, rocky soils
- Greenish flowers in mid-summer
- Larval host for the Monarch and Queen butterflies